BBESSAULS AND KONDE



Traditional Japanese Martial Arts School

H. William Bressaw - 8th Don - Chief Instructor

Toin us!

- *Train with World Champions
- *Age Specific Karate Classes
- *From ages 3 to adult
- *Positive Outlet for Kids' Energy
- *Focus, Structure & Discipline
- *Character Development
- *Increase Leadership Skills
- *Critical Thinking/Problem Solving
- *Anger Management
- *Decrease Anxiety
- *Support Family Values
- *Increase Goal Setting Skills
- *Bullying Prevention & Safety Skills
- *Build Confidence & Positive Self Image

build confidence through achievement

2 locations to better serve you:

523 New Brunswick Avenue • Fords, NJ • 732 738.8199 216 Tingley Lane • North Edison, NJ • 908 757.9292

for more information visit:



www.bressawskarate.com

FREE 2 weeks of lessons

1st time Students ONLY! (2 classes per week) "Limited Time Offer ** Expires Dec. 31, 2015

Limit 1 per person - Must Activate Classes by Expiration Date - Classes must be taken by the same person