

## South Amboy (on Thursday) Private Lesson Schedule

**Private Lesson Schedule-** As of **5/5/2016** (See schedule below. Scroll below the schedule for more info.). I take requests on a first come / first serve basis. Find an open spot, text or e-mail me and if open, it's yours. For all Private Lessons you must contact Tom Besser only for appointments 609-352-5609 text or e-mail [elitefp@aol.com](mailto:elitefp@aol.com).

|  | Day | Day | Month | Time | Minutes | STUDENT           |
|--|-----|-----|-------|------|---------|-------------------|
| TRURSDAY   |     | 5   | MAY   | 545  | 30      | ALaura DEPAOLO    |
| TRURSDAY   |     | 5   | MAY   | 615  | 30      | ALaura DEPAOLO    |
| TRURSDAY   |     | 5   | MAY   | 645  | 30      | MACKENZIE GARRICK |
| TRURSDAY   |     | 5   | MAY   | 715  | 30      | ALEX DIAZ         |
| TRURSDAY   |     | 5   | MAY   | 745  | 30      | ERIN SINATRA      |
| TRURSDAY   |     | 5   | MAY   | 815  | 30      | ERIN SINATRA      |
| TRURSDAY   |     | 5   | MAY   | 845  | 30      | VALENTINA MERCADO |
| TRURSDAY   |     | 5   | MAY   | 915  |         |                   |
| TRURSDAY   |     | 12  | MAY   | 545  | 30      | VALENTINA MERCADO |
| TRURSDAY   |     | 12  | MAY   | 615  | 30      | ALaura DEPAOLO    |
| TRURSDAY   |     | 12  | MAY   | 645  | 30      | ALaura DEPAOLO    |
| TRURSDAY   |     | 12  | MAY   | 715  | 30      | ALEX DIAZ         |
| TRURSDAY   |     | 12  | MAY   | 745  | 30      | ERIN SINATRA      |
| TRURSDAY   |     | 12  | MAY   | 815  | 30      | ERIN SINATRA      |
| TRURSDAY   |     | 12  | MAY   | 845  | 30      | MACKENZIE GARRICK |
| TRURSDAY   |     | 12  | MAY   | 915  | 30      | MACKENZIE GARRICK |
| TRURSDAY   |     | 19  | MAY   | 545  | 30      | ALaura DEPAOLO    |
| TRURSDAY   |     | 19  | MAY   | 615  | 30      | ALaura DEPAOLO    |
| TRURSDAY   |     | 19  | MAY   | 645  |         |                   |
| TRURSDAY   |     | 19  | MAY   | 715  | 30      | ALEX DIAZ         |
| TRURSDAY   |     | 19  | MAY   | 745  | 30      | ERIN SINATRA      |
| TRURSDAY   |     | 19  | MAY   | 815  | 30      | ERIN SINATRA      |
| TRURSDAY   |     | 19  | MAY   | 845  | 30      | VALENTINA MERCADO |
| TRURSDAY   |     | 19  | MAY   | 915  | 30      | MACKENZIE GARRICK |
| TRURSDAY   |     | 26  | MAY   | 545  | 30      | VALENTINA MERCADO |
| TRURSDAY   |     | 26  | MAY   | 615  | 30      | ALaura DEPAOLO    |
| TRURSDAY   |     | 26  | MAY   | 645  | 30      | ALaura DEPAOLO    |
| TRURSDAY   |     | 26  | MAY   | 715  | 30      | ALEX DIAZ         |
| TRURSDAY   |     | 26  | MAY   | 745  | 30      | ERIN SINATRA      |
| TRURSDAY   |     | 26  | MAY   | 815  | 30      | ERIN SINATRA      |
| TRURSDAY   |     | 26  | MAY   | 845  | 30      | MACKENZIE GARRICK |
| TRURSDAY   |     | 26  | MAY   | 915  | 30      | MACKENZIE GARRICK |
| <b>MOVE TO OUTSIDE AT SOUTH AMBOY HIGH SCHOOL BATTING CAGE</b> |     |     |       |      |         |                   |
| TRURSDAY   |     | 2   | JUNE  | 330  | 30      |                   |
| TRURSDAY   |     | 2   | JUNE  | 400  | 30      | VALENTINA MERCADO |
| TRURSDAY   |     | 2   | JUNE  | 430  | 30      |                   |
| TRURSDAY   |     | 2   | JUNE  | 500  | 30      | MACKENZIE GARRICK |
| TRURSDAY   |     | 2   | JUNE  | 530  | 30      | ALaura DEPAOLO    |
| TRURSDAY   |     | 2   | JUNE  | 600  | 30      | ALaura DEPAOLO    |

|          |   |      |     |    |                   |
|----------|---|------|-----|----|-------------------|
| TRURSDAY | 2 | JUNE | 630 | 30 |                   |
| TRURSDAY | 2 | JUNE | 700 | 30 |                   |
| TRURSDAY | 2 | JUNE | 730 | 60 | ERIN SINATRA      |
| TRURSDAY | 9 | JUNE | 300 | 30 |                   |
| TRURSDAY | 9 | JUNE | 330 | 30 |                   |
| TRURSDAY | 9 | JUNE | 400 | 30 | VALENTINA MERCADO |
| TRURSDAY | 9 | JUNE | 430 | 30 |                   |
| TRURSDAY | 9 | JUNE | 500 | 30 | MACKENZIE GARRICK |
| TRURSDAY | 9 | JUNE | 530 | 30 | ALaura DEPAOLO    |
| TRURSDAY | 9 | JUNE | 600 | 30 | ALaura DEPAOLO    |
| TRURSDAY | 9 | JUNE | 630 | 30 |                   |
| TRURSDAY | 9 | JUNE | 700 | 30 |                   |
| TRURSDAY | 9 | JUNE | 730 | 60 | ERIN SINATRA      |

### **General Instructions for Private Lessons 2016**

**A full schedule can be found on my home page** in the announcement box [www.elitefastpitch.com](http://www.elitefastpitch.com). Check this schedule to insure we both have it correct. Although the schedule changes hourly, I'll update daily. Give me your optimum day & time and I'll do my best. Before I can schedule you, I'll need to know what you require. Please review the options below and e-mail me back. If you are not a current student, I will need an E-Registration Form sent back ASAP and a properly filled out Release Form brought to the first lesson.

#### **Types of Instruction**

##### **Individual Pitcher and or Catcher Instruction**

Standard Private instruction- This instruction is offered in the months of April thru August by appointment only. Typical instruction requested- Pitching- Basic mechanics, speed improvement; change up, drop, curve, drop curve, screwball, riseball improvement, use & strategy of all. Catching- Receiving, signals, blocking, snap throws to 1st & 3rd, throwing mechanics, throws to 2nd, wild pitches, fielding bunts, calling the game, and much more. The instruction is your choice. A 30 minute block costs \$45. A one hour block cost \$70. Note; arrive 15 minutes early to stretch and or warm up.

##### **Standard Semi-Private Instruction**

These are ½ hour blocks of instruction with two students. This type of instruction works well with pitchers and catchers or two pitchers (at the same level) etc. The instruction is your choice. A ½ hour block costs \$50 total. A one hour block cost \$80. Note; arrive 15 minutes early to warm up.

**Payment-** Make all checks payable to **Elite Fastpitch Inc.**, 12 Mallard Drive, Tabernacle, NJ 08088.

**Bring-** #1- All equipment needed to include ball. #2- A catcher if you are a pitcher. 3- Your objective for the lesson. 4- And most important, a willing attitude to receive constructive instruction.

**Communications-** My office # is 609-268-9754; my cell # is 609-352-5609. **Send your cell # some time prior to the scheduled date just in case.**

## **Location-**

**South Amboy- Current- 240 John Street, South Amboy. Later (June)- Middle High School, 200 Governor Harold G. Hoffman Plaza, S. Amboy 08879. This is an outdoor batting cage subject to weather conditions, call ahead if weather is doubtful. The cage is located near the refreshment stand. There are no lights in this batting cage. Wear sneakers, we are pitching on Astroturf.**

## **Thomas B. Besser**

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[www.elitefastpitch.com](http://www.elitefastpitch.com)

[You can also reach us through Fastpitch.tv](#)

PS- Please go to my new Facebook page at

<https://www.facebook.com/pages/Elite-Fastpitch-Inc/565084936923134>

I hope you like it, its set up for my students and their families.